

POST-OPERATIVE INSTRUCTIONS TO PARENTS OF CHILDREN WHO HAVE RECEIVED SEDATION FOR DENTAL TREATMENT

GETTING HOME

As your child's accompaniment, you must remain with your child at all times after their treatment. You are responsible to ensure your child does not fall or injure himself/herself while medicated. **Your child should rest at home and be supervised by you for the remainder of the day.** Most children resume their normal activities within 10 hours after their appointment. If you are driving, make sure your child will be secure in your vehicle during the trip home. It's also important to have a second adult in the car to observe and care for your child on the way home. **As discussed, public transit must NOT be used for your return trip home- only private car or taxi.**

ACTIVITIES

Your child should be closely monitored by a responsible adult for the remainder of the day to ensure that there is no difficulty breathing.

- LOOK - for chest rising, skin tone retaining its natural colour
- LISTEN - for breathing sounds, any unusual snoring
- FEEL - for breathing coming out through nose or mouth

Your child must rest at home and is NOT ALLOWED to ride a bike or play outside for the remainder of the day.

DRINKING AND EATING

To prevent dehydration, after your child has been discharged from the recovery room, give the child some fluids. Start with a small cup and proceed with more if your child can keep down the fluids. Soft foods (lukewarm) may be taken when desired.

SEEK ADVICE

1. If there is any difficulty breathing
2. If nausea & vomiting persists beyond 4 hours or child cannot keep fluids down.
3. If your child still feels dizzy or drowsy 6-8 hours after treatment.
4. If any other matter causes you concern

BEFORE 4:00 PM

Contact our office 905-591-7999

IN CASE OF AN EMERGENCY - Contact the nearest Hospital Emergency Clinic